The PK and PD of PDC-AG

Active Brothers 5
Officer Reports 11
Committee Reports 21

ADME
Absorption: Recruitment Events 30
Distribution: Leadership, Professional Service and Advocacy Events 45
Metabolism: Scholarship and Social Brotherhood Events 65
Elimination: End of Year Banquet 79

Recognition of Awards and Honors 84
New Formulations: Baby Announcements 87
Triturations: Weddings and Engagements 88
Letter from the Editor 90
PharmaSleep 92
Active PY4 Brothers  “First pass metabolizers”

<table>
<thead>
<tr>
<th>Lia Amini</th>
<th>Shannon Dubois</th>
<th>Megan Johnson</th>
<th>Jennifer Petschauer</th>
<th>Mollie Sheron</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elizabeth Anderson</td>
<td>Leah Edenfield</td>
<td>Sonna Jung</td>
<td>Leah Proctor</td>
<td>Christy Sherrill</td>
</tr>
<tr>
<td>Patrick Brown</td>
<td>Von Felder</td>
<td>Lizzy LaScala</td>
<td>Laura Ramsdell</td>
<td>David Steeb</td>
</tr>
<tr>
<td>Stephanie Cox</td>
<td>Robyn Fender</td>
<td>Susan Lin</td>
<td>John Schimmelfing</td>
<td>Max Szymbczyk</td>
</tr>
<tr>
<td>David Cretella</td>
<td>Patrick Ford</td>
<td>Sharon Martin</td>
<td>Sally Schreiber</td>
<td>Trey Thompson</td>
</tr>
<tr>
<td>Lee Davis</td>
<td>Trey Greenwood</td>
<td>Bonnie Merrell</td>
<td>Jamie Sebaaly</td>
<td>Paul Wong</td>
</tr>
<tr>
<td>Ankit Desai</td>
<td>Emily Johnson</td>
<td>Kara Parsons</td>
<td>Chris Shelton</td>
<td>Chris Woodward</td>
</tr>
</tbody>
</table>
Active PY3 Brothers “The second line of defense”

Ben Ahlers  Andrew Lucas  Kelly Lunsford  Amanda Naujelis  Michel Simon  Robin Trew  Deanna Wung  Jackie Zeeman
Justin Arnall  Oyshik Banerjee  Brianna Glynn  Nick Greco  Jessica Greene  Shawn Griffin  Chris Keller
Active PY2 Brothers  “Biliary and renal elimination”

Cindy Boulton        Christy Lee
Juinting Chiang      Nathan Levy
Lauren DiMartino     Abby Miller
Tamara Davis         Josh Mosteller
Hannah Dills          Kim Nguyen
Richard Duong        Vaishali Patel
Kathryn Fuller        Ben Pennell
David Garbarz        Alex Sherman
Stacey Gaillard       Eric Tangzhou
Richard Hansson      Sarah Timaeus
Shawnda Herring       Stacy Tse
Cristina Kaifer      Erin Turingan
Angela Kayshap        Marie Waddles
Jia Kim              Nicki Wex
Michele Kislan        Tiffany Wong
Active PY1 Brothers “Eliminates whatever is left”

Kelsey Browder  Will McAdoo
Erin Brown  Megan Mooney
Jordan Carrera  Nishma Patel
Sebastian Cerdeña  Rashmi Patel
Lori Fraley  Cristy Reyes
Sari Freedman  David Singer
Carolyn Garland  Holly Smith
Caleb Hirsch  Alex Toler
Lauren Johnson  Lynn Truong
Rupal Kasbekar
Rachel LaBianca
Laura Lambeth
Jenny Levine
Alpha Gamma Executive Board

Worthy Chief Counselor
Kelly Lunsford
Worthy Vice Counselor
Michel Simon
Worthy Keeper of Record and Seals
Shawn Griffin
Worthy Keeper of Finance
Ben Ahlers
Worthy Correspondent
Jessica Greene
Worthy Prelate
Oyshik Banerjee
Worthy Alumni Liaison
Michele Kislan
Worthy Inner Guard
Amanda Naujelis
Worthy Master at Arms
Marie Waddles

Chapter Advisors

Dr. Macary Marciniak
Tony Mitchum
Executive Officer Reports
Worthy Chief Counselor

It has been my pleasure to serve as the Worthy Chief Counselor of the Alpha Gamma Chapter for the 2012-2013 academic year. Serving as WCC has been one of the most challenging and rewarding experiences I have had during my pharmacy school career. I am proud to have been chosen by my Brothers to serve and would like to thank everyone for their constant support throughout the year. I would especially like to thank the Executive Council for doing an amazing job and making my job so much easier. I am so proud of all our Brothers have accomplished this year! We started out strong and have seen incredible growth over the past year. I hope to see that many of the endeavors initiated this year remain traditions for years to come. So many Brothers have stepped up to make great things happen within the Chapter. I cannot wait to see how amazing we do at Grand Council this year! I know Alpha Gamma will continue to grow and thrive in the years to come. I will miss seeing my Brothers on a regular basis, but let us never forget that we are Brothers for Life!

AAAE,

Kelly “Oktoberfest” Lunsford
Worthy Vice Counselor

I would just like to thank all of the Brothers for making my tenure as Worthy Vice Counselor such an enjoyable experience. Over the past year we’ve seen the breaking down of barriers and the blurring of the lines between committees, resulting in innovative fundraisers and events. The support given to me by all of my Brothers has truly made this a memorable year, and one that I will definitely reflect upon and cherish as I move on to my PY4 year and beyond. Since I will be in the Duke AHEC next year, I hope to continue to attend Alpha Gamma events thereby growing with my Brothers, both veteran and incoming Pledge class. We are three years removed since the recharterization, and we are as close as we have ever been since in attaining the Thurston Cup. I predict many fruitful years to come in the standings as we grow and find our niches.

AAAE,

Michel Simon
Worthy Keeper of Record and Seals

Serving as the WKRS gave me the chance to give back to the Fraternity that has given me so much over the past three years. During the 2012-2013 year we recruited our fourth class of brothers since re-charting and have started to find our groove. Over the past year we have focused on reviewing and updating the chapter bylaws. Many improvements have been made to our rules to reflect how we operate as an organization. We made the transition from Blackboard to Sakai, updated our website, and transitioned to online voting with the help of our amazing webmaster, Andrew Lucas. The point system was improved to ensure that the adequate balance between encouraging brother participation and attendance requirements was achieved. We had a record turn out from the brotherhood at our events and meetings! At the end of the year the position of Historian was created and I am sure that over the coming year they will work closely with the WKRS to maintain the written record and inventory of the Chapter. I can't wait to see how great Alpha Gamma will become and am honored to have played a small part in that over the past year.

AAAE,

Shawn Griffin
Worthy Keeper of Finance

I have enjoyed working as the Worthy Keeper of Finance for the 2012-2013 year. It was both a challenging and rewarding experience to work with all the committees to create and maintain a budget that could fund all our events while keeping the chapter in excellent financial condition. As a co-chair of the Finance Committee and member of the Exec Committee, I received valuable practice coordinating events and working with a team. This position gave me an opportunity to develop my leadership and professional skills while giving back to the fraternity, and for that I am very thankful. As WKF, I learned so much from our fraternity this year and very much look forward to seeing Phi Delta Chi – Alpha Gamma continue to grow!

- Ben Ahlers

Worthy Correspondent

Serving as Alpha Gamma’s Worthy Correspondent for the 2012-2013 academic year has been a very rewarding experience. Our Chapter received first prize for the John D. Grabenstein Leadership Report and third place for the Albert Benjamin Prescott Scholarship Report at the Leader-Development Seminar in Lexington last year. It has been my pleasure working with my Brothers to increase our Thurston rankings. The Alpha Gamma Brothers have done a phenomenal job keeping our Chapter at 100% participation in the Achievement Award Program this year, and I cannot wait to hear the 2013 Thurston Cup results at Grand Council this year! I have nothing but the fondest memories with my Brothers and the highest expectations for the future of Alpha Gamma.

AAAE,
Jessica Greene
Serving Phi Delta Chi this year as the Worthy Prelate has truly been a wonderful experience. It has been a pleasure to see the fraternity from a different perspective, this time as a leader, gaining a better understanding of the foundations of our organization. I now see just how strong of a group we are, and I am even more excited to see where the new brothers take us in the future. I loved participating in discussions with the executive committee helping to make decisions that had the potential to guide the direction of our fraternity. Still, the most exciting aspect of being a leader in Phi Delta Chi was my ability to make a direct impact. I enjoyed having the opportunity every meeting to present cards and carnations to those with birthdays and seeing their palpable appreciation. Being the one to present our chapter Smarty Pants awards was an honor, because I could feel first hand the healthy competition they stirred and the sense of achievement our brothers would emanate once they got their hands on those little bottoms. As chair of the Scholarship Committee, it has been fun to see how our impact on the fraternity has grown. I will miss having the opportunity to lead the educational activities we organized, to be thrust into the role of teacher. Still, I know my memories of the times when we were able to “instruct the young” will endure, and I look forward to seeing the ways the new group of brothers forward and embody the motto that “each needs the help of the other.”

- Oyshik Banerjee
This year, I had the privilege to serve as Worthy Alumni Liaison. I enjoyed working with members of the executive committee to bring our ideas to life. My goal was to make a quarterly Alumni Newsletter detailing all of Alpha Gamma’s activities over the past two semesters. This past October I reached out to the Pharmacy Alumni Association to help Alpha Gamma Chapter to become more recognizable in the community and to reach out to past Alumni. I had the pleasure of re-connecting with several Alumni members who are no longer in the Raleigh-Durham-Chapel Hill area. From them, I learned about the rich history of Alpha Gamma and heard many stories about the “good old days” in the chapter house. In order to chronicle our history, Alpha Gamma has created a Historian position to record Alpha Gamma’s rich history, collect personal stories from Brothers, and oversee the annual photo composites of our Fraternity.

I am excited to see the class of 2013 graduate in May and become active Alumni wherever their post-graduate plans may take them. I am also deeply grateful to the class of 2013 for re-activating Alpha Gamma Chapter and working very hard over the past years to make us a multiple award winning chapter! So long as each of us is a true Brother, we are Brothers for Life!

I have enjoyed serving as Worthy Alumni Liaison and I look forward to serving you next year as Worthy Chief Counselor. I hope that I can continue to support and encourage all Brothers to keep up your enthusiasm and dedication you all have put forth. Let’s reach for the stars and bring home the Thurston Cup!

AAAE!
Michèle Kislan
I cannot believe that my time as WMA has come to an end. Serving as WMA was an amazing experience. I not only had the opportunity to work closely with our wonderful pledges, I also learned so much about myself. We started off recruiting right away! Our Advocacy Committee put together a wonderful letter to the incoming PY1s included in the UNC Eshelman School of Pharmacy Welcome Packet. During the first week of classes, Brothers helped promote PDC and made everyone else at school jealous when we rocked our “Brothers from another mother” shirts. Recruitment flew by and we ended up welcoming 27 new Brothers to our chapter! Throughout the fall semester, I relied heavily on my committee and fellow Brothers to help me educate the Pledges. I am proud to say that the newest members of our chapter are exceeding my expectations! Many of the new Brothers will be serving on Exec next year and even more are taking on leadership roles as committee heads. Even during the crazy and stressful times that I had to deal with during the fall, I loved serving as WMA and would not trade the experience for the world!

AAAE!

Marie Waddles
It has been an honor to serve as Alpha Gamma’s Worthy Inner Guard (WIG) this past year. As a position that was still not fully developed, I persistently sought out new ways to help WIG find its true role within our chapter. At the start of the year, aiding with recruitment as the former WMA was very rewarding. After recruitment wound down, I decided to focus on different projects Alpha Gamma wanted to implement. One of our main goals at our chapter retreat was to improve our professional service; we also decided to revamp our Window Display with a fresh topic. Starting professional projects from the ground up in a school where many of them are monopolized by other organizations was difficult. Further, the implementation of a new Window Display complicated this challenge. However, we not only continued to show outstanding participation in professional service around the school, but we also started up some projects of our own. In the fall, we made a connection with Kerr Drug to complete Comprehensive Medication Reviews for their patients. In the spring, we continued that project and more patients were served. We also partnered with the Be The Match foundation, and held a bone marrow registry drive in the School of Public Health, encouraging all health care professional students to participate and raise awareness amongst our peers. In addition to our implementation of professional service, we were delighted to have a new topic for our Window Display: Sleep. Between taking the board around town to talk with the public, and creating our own YouTube/Twitter accounts, we reached out to a multitude of people to share important information about sleep. This year as WIG has been challenging for me, as I stepped into a role I wasn’t familiar with. I was pushed outside of my comfort zone, which has furthered my leadership skills and helped me grow as a person. And for that, I can’t thank Alpha Gamma enough! AAAE!

Amanda Naujelis
The groups responsible for the impact of Alpha Gamma... 
...the Committees!
Advocacy

During this last year, the advocacy committee has sought to slowly begin to expand their outreach to the faculty/staff and student body of the Eshelman School of Pharmacy. We continued our preparation of a ‘Welcome Packet’ for each of the incoming first-year students, including tips for success and information on the Asheville satellite campus. We also continued our Sugarland faculty appreciation event this spring, much to the faculty’s delight, where we distributed sixty gourmet cupcakes to the various staff that keep our education and building running smoothly. We also added an addition event this fall during American Pharmacist’s Month, hosting a faculty and staff appreciation breakfast supplied from Café Carolina. Finally, we recognized three faculty members for their commitment to excellence and education by having our brothers vote for their ‘Faculty of the Semester’: Dr. Scott Singleton and Dr. Dennis Williams (fall 2012); Dr. Robert Dupuis (spring 2013).

Next year we plan to continue our current efforts and expand even further. This includes trying to reach out to our other Phi Delta Chi faculty members, as well as the clinical faculty/residents within the neighboring UNC Memorial Hospital who take their time to come and educate us in our pharmacotherapy classes.

- Andrew Lucas and David Garbarz
The work in finance and fundraising this year was a fantastic example of the benefit continued committee collaboration will have on the growth and excellence of our Chapter. The co-chair position has continued to be an invaluable asset to the WKF in coordinating fundraising within the Fraternity. Although fundraisers continued from last year were not as successful as we would have hoped, we initiated new fundraisers in with other PDC committees and school organizations that will hopefully be continued in the future. The Fall semester began with a new fundraiser, the 1st Annual PDC Cornhole Tournament which has become part of the Pharmacy Cup, a class-wide competition started this year through by PDC and other school organizations. This fundraiser would not have been possible without the Social Brotherhood committee. Another fundraiser which continued year-long was the revival of the PDC Challenge Coin. Webmaster and Advocacy Chair Andrew Lucas helped implement this excellent fundraiser which will help the Alpha Gamma Chapter of PDC become nationally visible while bringing back an exciting tradition. In addition to these fundraisers, PDC continued glassware and sweatpants during the Fall Fundraiser. The members of the finance committee worked great as a team to come up with exciting ideas for future fundraisers and events. I am very excited to see this committee continue to grow!

-Ben Ahlers and Brianna Glynn
Leadership Development

Serving as the leadership committee chair has been such a rewarding experience for me. I have been fortunate enough to plan some great events that I believe impacted many of the members of the Alpha Gamma chapter of Phi Delta Chi. From leadership discussions to hearing from a CEO of a major hospital system, each of our events has given our members the tools to become great leaders in pharmacy and in life in general. Even the small, fun activities during our chapter meetings have been great successes and I believe that whether the members realize it or not they have been better prepared to be a leader as a result of these activities. I have thoroughly enjoyed helping others become better leaders in whatever capacity they serve.

- Ben Pennell
Philanthropy

This year in philanthropy committee, we presented the brothers with several chances to reach out to our community. This has allowed us to experience leadership through serving, even outside of the pharmacy school. We had the opportunity to work with the local soup kitchen, Adopt a Highway, Relay for Life, TABLE (local food collection). We also held several fundraisers through the year for St. Jude Children's Hospital, including a letter writing campaign both semesters and a Benefit Concert in the spring semester. Through these, we were able to raise over $3000!

- Stacey Gaillard and Abby Miller

Special Projects/Window Display

This is the first year of the Special Projects/Window Display committee. Our committee was created to manage the annual Window Display and help improve AG performance in the Professional Service.

For the Window Display, the committee decided to retire the fiber board which has been successfully used for 2 years and generate a new topic: Sleep. We designed a tri-fold board and filmed 3 short videos to help communicate healthy sleep information. Through various events we estimate reaching ~800 patients.

Some of the professional service we conducted this year include partnering with CAPS PCP at a UNC football tailgate health fair featuring our fiber board, Comprehensive Medication Reviews at a local Kerr Drug Pharmacy and Bone Marrow Registry Drive.

- Cindy Boulton and Amanda Naujelis
Fall 2012 recruiting started off with a bang! We held two information sessions for the potential pledges, passed out leis at Senate Carnival with our event information on them and served orange juice and donuts to the potential pledges two mornings where we also passed out fliers.

The Pledges and I met every Wednesday night. During that time they were given a quiz which was graded by their peers. One of the ideas that I implemented during my time as WMA was grading the quizzes and if a Pledge did not get an 80% or higher, they had to present something they took it upon themselves to learn about PDC at the next Pledge meeting. I felt that this was a positive was to motivate the Pledges to really learn the information about the Brotherhood and keep things fun at the same time. The Pledges were responsible for the traditional tasks from previous years like performing a Skit on Founder’s Day, the banner project, the Brotherhood Report and pinning buddies. We also continued the signature books but with a new twist. Each Pledge was randomly assigned 10 Brothers/Advisor to interview using 5 standard questions (Pledge name, year, pharmacy interest, etc.) and 5 “ice breaker” questions. The interviews were recorded on forms that were turned in at the end of the semester. A brand new item that we added this year was paddles. Each Pledge was responsible for making a Paddle for their Big Brother. The paddles had to include their name, their Big’s name, Fall 2012, Alpha Gamma and Phi Delta Chi. All other decorations were left up to the individual and let me tell you, the paddles turned out great!

- Marie Waddles
Scholarship

The Scholarship Committee has impacted the fraternity and its brothers in many ways this year. Of course, the precedent of presenting Smarty Pants to the highest achieving brother was continued on a biweekly basis, and the new tradition of awarding Improvement Jorts to those who showed the greatest improvement on their exams was also honored. The excitement was fresh among the PY1s, and I would often receive anxious inquiries about the awards leading up to the ostensibly dramatic calling of the names. As usual, it proved to be a fun, and of course silly way to encourage and reward scholastic achievement each meeting. The end of the year Banquet will be a great venue to recognize those who achieved at the highest level throughout the year, the ultimate Smarty Pants honor. The new precedent of organizing and hosting educational programs to prepare our brothers for some of those most intimidating of scholastic milestones was also forwarded this year. We successfully implemented and conducted a program for the Objective Structured Clinical Exam (OSCE) for PY2s in the fall as well as a program for the Standardized Patient Interview (SPI) and SOAP Note Workshop in the Spring for PY1s. These were very well attended by our prospective audience, and we overachieved in a major way in terms of volunteering form older brothers as it seemed the opportunity to teach drew considerable enthusiasm. The feedback from the attendees was positive, and participation was animated and was indicative of the interest the Brothers had for what these events offered. The greatest challenge of last year, organizing successful study sessions, was amended this year with a new precedent of hosting a focused exam study session with a competitive game. This new initiative is already being built upon by the new committee, and has room to grow into a vastly helpful, fun, and impactful series. The new ideas for this still nascent Committee are flowing, and I am excited to see this committee’s impact expand. Still, it is evident from this past year that we all recognize and appreciate that “each needs the help of the other.”

- Oyshik Banerjee
Co-chairing the social/brotherhood committee this past year has been a challenging experience but also very rewarding. We hosted many events outside of school for brothers and their guests to attend including; tailgating, indoor trampoline night, a day at the State Fair, trivia night, and ice skating to name a few. Each event was unique and provided opportunities for brothers to bond, have fun, and relax! For our brotherhood events, we focused on creating events that could be carried out in meetings to get to know each other. Some of our favorites from the year were "brother bingo" and "highs and lows of the year." Our committee created a bingo board of unknown interesting facts about each brother and we raced to get BINGO by identifying each brother. The highs and lows activity was a great way for us to break into smaller groups and address each of the points in the year which were highs or lows for us. We documented them on pipe-cleaners and at the end of the event we compared our pictorial depicting our year. We had a lot of fun planning all the smaller social and brotherhood events, but the real fun came from planning our larger events like cornhole, semi-formal, and formal. We kicked off the year with a cornhole competition that was open to the entire school to compete in the "Pharmacy Cup." We raised a lot of money, and we anticipate hosting this event annually from now on. We believe that the cornhole event can help put Phi Delta Chi on the map at Eshelman School of Pharmacy. Mid fall semester we held semi-formal that all current brothers and the new pledges could attend. It was at the Chapel Hill Underground downtown. We had an excellent turnout and anticipate hosting further events at this venue. The spring semester's challenge was to create a magical formal for everyone to attend. This year we held it the West End Public downtown, it was catered and we had a rocking DJ play music until the wee hours of the morning. Our last and final event of the year is our annual retreat. This year we are camping at Camp Crabtree in Raleigh, NC. The dates are set, and we are very excited to get everyone back together at the end of the summer before a new semester starts. Retreat is always a fun way to really get to know your brothers and celebrate brotherhood. All in all, this year was great and I look forward to planning new events for our brotherhood next year!

-Lauren DiMartino and Cristina Kaifer
The Pharmacokinetics of Phi Delta Chi

A life half-lived is a half-life.

There are peaks. There are troughs. With frequent dosing of enjoyment and friendship our peaks increase and our troughs aren’t that bad. Ultimately, our rate of change is proportional to our experiences. These experiences are facilitated by the Phi Delta Chi brotherhood.

We describe drug behavior using the acronym, ADME for Absorption, Distribution, Metabolism, and Excretion—parallels can be drawn to life and the influence of PDC.

A – You are absorbed into the PDC collective through personal interest and recruitment. Some acculturate quickly reaching a peak quickly, some may take more time.

D - Once within PDC you distribute amongst its membership being pulled to new areas. Some may explore vastly, bonding with extravascular PDC members. Others stay close to their blood, venturing out on occasion but always returning home.

M - You undergo your own biotransformation but unlike most drugs, this metabolism results in activation. You are irreversibly transformed by the interactions and the activities.

E - Finally you are excreted. While you are excreted via graduation, you are retained in the body, being forever part of the organization. This is a closed system—a violation of kinetic assumptions in fact.

Your ties to the brothers—the figurative protein binding—is in equilibrium. It allows you to venture out, but you always have a place to come back to. The stronger the bond, the longer your half-life. This ensures a longer time to achieve a steady-state. Your flux—your growth—is forever ongoing. If you are lucky, you will saturate the system and grow forever.

Yes, a life half-lived is a half-life but a life fully lived in PDC, is an e to the KT—no negatives here!

AAAE,

Adam Persky, PhD
Absorption = Recruitment

\[
\frac{dX_A}{dT} = -k_A X_A
\]

Absorption is the movement of one particle into the body of a larger. Each year as we recruit new pledges, we strive to find ways to help them quickly enter the PDC circulation. We encourage all Brothers to be available, active, and have energetic (but uncharged!) interactions with our pledges to support their eventual absorption into our fraternity.
Get your game on at Alpha Gamma’s Game Night

This year, we kicked off Recruitment 2012 by holding our annual "Game Night" event. All students interested in Phi Delta Chi were welcomed to bring their competitive spirit and play board games with our brothers. From "Apples to Apples" to "Twister", everyone had a great time! We encouraged interaction by using a speed-dating model. Brothers were randomized to a certain game, and then potential new members rotated amongst the games. In addition to playing games, we also had a salsa/queso bar to keep attendees well-fed. As always, Game Night was a hit and got future brothers excited about Phi Delta Chi!
**Kickball & Tie Dye**

We came, we kicked, we dyed. The kickball and tie-dyeing event was highly successful at recruiting a large and generally swagaliciously cool class to advance the fraternity. We learned that some people are more competitive than others (cough, cough, ahem Nathan), that some people eat too much pizza (ahem, ahem cough Nathan), that some people can't tie-dye (cough, ahem, cough Nathan), and finally that Dook undergraduates are generally from New Jersey (ahem, cough, ahem Ben Ahlers). Everyone enjoyed themselves and I can say with a statistically significant 95% confidence interval that it was the most successful recruiting event in recent history!
Cookie Decorating Night

One of our rush events was a cookie decorating competition. The Rushees and Brothers were split up into 8 different groups. Each group was given one cookie cake, at least 3 different colors of icing, sprinkles and candies at their disposal to decorate their team's cookie cake. The challenge was to make a pharmacy-themed cookie cake in 30 minutes. After each team had completed their cake, they presented their cookie cake to all others present, and explained their design to our guest judge and honorary Brother, Dr. Adam Persky. The teams had very creative designs including Cookie Monster, pill bottles and an animal cell that won the competition. After announcing the winner, the teams were finally able to eat their delicious artwork!

The winning team: Kim Nguyen, Holly Smith, Kelly Lunsford, Sarah Timaeus, David Singer, Jordan Carrera, and Kelsey Browder

The winning cookie
While they were eating their cookie creations, the Rushees participated in a "Name That Baby" contest. First a baby picture of a Brother was displayed, followed by three current pictures of Brothers. At the end of the game the Rushee with the most correct matches won a prize. This event allowed Brothers to work closely with the Rushees and allowed everyone to show their creativity and incredible icing skills!
Cookout!

The PDC Cookout at Southern Community Park is the fourth and final event of Recruitment for potential pledges each year. This is a mandatory event for all current Brothers and potential pledges to attend. During this time, the Rushees and Brothers get to know each other over good food, cornhole, kanjam and other fun activities. The cookout marks the end of the rushing period and everyone is ready to bond with potential new Brothers and catch up with old Brothers about our summer. This year we had 68 total people attend the cookout. Everyone enjoyed telling stories, playing games and getting to know each other better. Although Brothers were sad to see Recruitment end, everyone was excited to hand out Bids to the pledges and formally welcome them as Pledges of Phi Delta Chi at the Pinning Ceremony.
Pinning Night

The pinning ceremony began with the pledges being led into the room by the Worthy Master at Arms. At the end of the ritual ceremony, the Pledges were pinned with their pledge pins by their Pinning buddy. After the ceremony, the Brothers and Pledges enjoyed delicious cake and socialized.
Big/Little Night

Big/Little night was held Tuesday, October 16 in Kerr Hall. The pledges were divided into teams to participate in a treasure hunt for their Big Brothers. The teams had to use their knowledge of the school and Phi Delta Chi to find clues that would lead them to other clues and eventually to their Bigs. After the Pledges and their Bigs were united, everyone enjoyed pizza while the Bigs presented pledge names to their new Littles. Every Brother and Pledge in attendance was asked to bring a picture of themselves and of their big brother if they could not be there. On the white board in Kerr Hall, we created a life size Alpha Gamma Family Tree. It was a good way for the new pledges to see their "family lineage." The Social/Brotherhood committee then compiled a smaller composite family tree in a scrapbook. We hope that this tradition will continue yearly and that further pledge classes will add to it.
We celebrated the founding of Phi Delta Chi on November 2, 2012 with a skit preformed by our Pledges in from of the Brotherhood. The Pledges skit involved all of their pledge names and told a more contemporary version of the founding of PDC. After the hilarious skit, we all enjoyed cake and shared our love for Phi Delta Chi.
Alpha Gamma Chapter officially welcomed the following 27 Brothers to Phi Delta Chi on November 16, 2012. The pledges were led through the Initiation Ritual and all completed it successfully. After closing the ceremony, the Big brothers gave their Little a Phi Delta Chi letter shirt. The Littles, in return, gave their Big Brother a paddle that they personally made for them. It was a very rewarding experience for all involved and we can’t wait to do it again next year!

When I started college at the University of Georgia, I did not consider joining a Greek organization. My opinion changed when I met the Brothers of the Alpha Iota Chapter during pharmacy school. Now, I cannot imagine what pharmacy school would have been like if I had not pledged Phi Delta Chi. Joining the Brotherhood was one of the best things I have ever done. The Brothers in my chapter provided me support and encouragement so that I could develop as a leader.

Although, graduation was an exciting time for all of us, I was not very excited about being separated from people who I now consider to be my family. I had been accepted at the UNC Eshelman School of Pharmacy to complete my PGY2 residency training. As the time came closer to moving to North Carolina, I began to feel slightly anxious. I knew no one in North Carolina, let alone at the institution I would be training for the next year. What was I thinking leaving my friends and family behind? But then I realized that I already had family in the area – the Brothers of the Alpha Gamma Chapter. For starters, I discovered that my residency program director, Macary Marciniaiak, was an advisor for the Alpha Gamma Chapter. I have gained a big Brother in Macary, who is much more than my residency program director. Her guidance and support has helped me grow tremendously this year both professionally and personally. She inspires me to be a better pharmacist, teacher, and Brother. In addition, the collegiate Brothers of Alpha Gamma welcomed me with open arms. The WAL, Michèle Kislan, reached out to me before the semester even started to welcome me to the area. She and many others often seek my opinions and advice and always make me feel included in the fraternity’s activities. Most importantly, the Brothers have provided me an endless supply of cat sitters!

Although I did not initially realize it, when pledging Phi Delta Chi, I was not only joining the Alpha Iota Chapter, but a nationwide network of incredible people. Our common bond truly transcends borders. When the year ends and I move again, I know I will have a family wherever I go.

AAAE.
Ashley Hannings, PharmD
Absorption Complete

Phi Delta Chi
Alpha Gamma Chapter
Fall 2012
Distribution = Leadership & Professional Service & Advocacy

\[
\log D_{\text{oct/wat}} = \log \left( \frac{[\text{solute}]_{\text{octanol}}}{[\text{solute}]_{\text{ionized}}_{\text{water}} + [\text{solute}]_{\text{neutral}}_{\text{water}}} \right)
\]

Once new members are incorporated into the body of PDC, their sites of activity in the fraternity and school vary widely. Some members have potent effects in far off locations, while others exert their influence from the heart of the Brotherhood. The breadth of involvement of our members crosses many barriers, and it is a pleasure to have one body for them to all call home.
Alpha Gamma Chapter won three awards at the 2012 Leadership Development Seminar in Lexington, Kentucky. Alpha Gamma won first place in the John D. Grabenstein Leadership Award, third place in the Albert B. Prescott Scholarship Cup with the $200 Rand P. Hollenback Scholarship Award, 100% Achievement Award, and placed 16th overall out of 69 chapters competing for the Thurston Cup. Bonnie Merrell (PY4), Kelly Lunsford (PY3), and Michele Kislan (PY2) were in attendance, and accepted these awards on behalf of Alpha Gamma Chapter.

A special thank you and congratulations goes to the Professional-Leadership and Scholarship Committee Chairs: Von Perez Felder (Professional-Leadership), Sally Schreiber (Scholarship), and Paul Wong (Scholarship) for their outstanding achievement.

Congratulations to the Professional-Leadership Committee members: Justin Arnall, Shawn Griffin, Lizzy LaScala, David Steeb, Paul Wong, Jamie Sebaaly, Alex Sherman, and Ben Pennell.

Congratulations to the Scholarship Committee members: Lia Amini, Oyshik Banerjee, Ankit Desai, Nick Greco, Maciej Szymczyk, Deanna Wung, Robin Trew, Jessica Greene, Sarah Timaeus, and Shawnda Herring.

Thank you to all Brothers of Alpha Gamma Chapter for an outstanding 2011-2012 year!
Nine members of the Alpha Gamma Chapter attended the 2013 APhA Annual Meeting and Exposition. While there, several of our chapter brothers were extremely engaged in APhA activities. Notably, Erin Turingan served at the APhA-ASP Region 3 representative on the Nominations Committee for APhA-ASP National Executive Committee Candidates. Brother Turingan was one of eight student pharmacists appointed by the current National Executive Committee to serve on this committee. During this meeting, Justin Arnall ran an admirable campaign for National Member-at-large, representing Alpha Gamma and Phi Delta Chi to the entire Academy throughout the meeting. Brother Arnall was also honored with one of four annual Student Leadership Awards, noting outstanding leadership on behalf of the Academy and the profession of pharmacy. Finally, David Steeb delivered his final address and wrapped up his duties as the APhA-ASP National President. Brother Steeb served the past two years on the National Executive Committee, and was responsible for the "Make Your Mark" national campaign through APhA-ASP. Several members of Alpha Gamma could also be found at the PDC booth in the exposition throughout the weekend, and many socialized with brothers from across the country at the PDC Reception held during the meeting!
Leadership Speaker — Parth Shah

The leadership and professional development committee is constantly search for ways to encourage our members to be better leaders and equip them with the tools to do that. One of the best ways to do that is to bring in people who have been in their shoes and went on to do great things in major leadership roles. Hearing from experienced leaders is a valuable way to learn how to grow yourself. This past October, we decided to reach out to a new PhD student, Parth Shah, to come speak to the Alpha Gamma chapter. Parth Shah had recently graduated from the University of South Carolina with his PharmD. While at USC, Parth was a Phi Delta Chi member and also served as the National Member At-Large for APhA. The leadership and professional development committee thought hearing about Parth's journey and his take on leadership would greatly benefit our chapter. During Parth's talk, he spoke about finding how to find the purpose in what you are doing and use that to change to people and the world around you. His inspiring talk motivated many of us in attendance to become stronger and more caring leaders.
During the pledging process of Phi Delta Chi, we try to teach our pledges the most about PDC as possible. This includes sharing information with them about our history, our leadership roles, our committees and what we do as an organization. The leadership committee wanted to begin developing the pledges and equipping them with the tools to be great leaders early on in their journey as a future Phi Delta Chi member. To do this we decided to have a guest speaker to talk about how to be a great leader. We asked David Steeb, a fourth year student at UNC ESoP and former PDC-AG president, to come speak to the pledges about his journey and share his thoughts on leadership. Not only was David integral in the re-chartering of PDC-AG but David went on to serve on a national level as the National APhA Student President. David shared some great ideas about how to develop yourself not only as a leader but as a person. Hearing from such an accomplished member of PDC-AG was extremely beneficial for the pledges. Many of the pledges left the meeting with a new desire to step outside their comfort zone and take on new roles as leaders.
With elections just around the corner for many organizations in the UNC pharmacy school, the Professionalism and Leadership development committee felt it was necessary to hold a leadership panel for its members to get their questions answered about leadership positions. We invited seven members in PDC who hold/held executive positions in multiple organizations throughout the pharmacy school to answer questions and guide people in the interviewing process. As a PDC only event, members were able to ask specific questions about leadership positions and get candid answers from other members who hold those positions. Members who were unsure about leadership or were seeking new roles were able to get first-hand advice from experienced leaders in PDC.

The panel consisted of:

Jackie Zeeman (Senate President),
Justin Arnall (APhA liaison),
Kelly Lunsford (PDC WCC),
Shawnda Herring (SNPhA President),
Erin Turingan (APhA liaison-elect and Pre-Pharmacy club Treasurer),
Jessica Greene (LAMP President), and we had two PY4s join us,

Patrick Brown (former Senate President and PDC WCC) and David Steeb (National APhA-ASP President).

Many of the members in attendance felt as though they benefited greatly from having their questions answered and getting advice on leadership roles.
Phi Delta Chi is committed to developing our members as professionals and leaders. The leadership committee decided to bring Mr. Tim Rice to meet with PDC members. Mr. Tim Rice is a pharmacist by training and the CEO of the Moses Cone Health System in Greensboro, North Carolina. He discussed how to use school to prepare yourself as a professional and leader for life after graduation.

Getting the perspective of a CEO who is also a pharmacist was very beneficial for those in attendance. Mr. Rice joined 17 of our PDC chapter members for breakfast in the Campbell Boardroom of Beard Hall and was very candid about what he thinks takes to be a leader. Many members in attendance felt the breakfast was very interesting and beneficial for their development.
The brothers of the Alpha Gamma chapter are happy to lend a hand to help keep Chapel Hill green.

This year we continued our participation in the Adopt-A-Highway program. On our first clean-up of the year, eight brothers were able to collect three bags of trash and two bags of recycling over a 2.5-mile stretch of road near our school of pharmacy that boasts a street sign displaying “Phi Delta Chi Alpha Gamma Chapter.” On our second clean-up, ten brothers managed to collect eight bags of trash and two bags of recyclables, showing that Alpha Gamma always strives to outdo ourselves.

Our brothers are dedicated to service, and we are proud to make a difference in our community. We enjoy the opportunity to bond as brothers while dedicating our time to a worthy cause. We have committed to clean our stretch of the highway for the next 3 years. Let’s keep NC beautiful!

This winter, ten brothers gathered at Southern Village park. We spent an hour cleaning up the two mile strip of highway we adopted. Eight bags of trash and two bags of recyclables were removed from the side of the highway. This project was not only beneficial for the environment, but it was an excellent bonding experience for those who participated. Adopt-A-Highway is a great way for our brothers to give back to the community.
Brothers can be found many times throughout the year volunteering their time and cooking “skills” at the Inter-Faith Council for Social Service. There, Brothers prepare salads and collard greens, wash and bake sweet potatoes, and do their best to cook enough pasta and slice enough ham to serve close to a hundred people. With some elbow grease, they were even able to make enough that patrons were able to come back for seconds!
St. Jude’s Letter Writing Campaign

Phi Delta Chi held its annual Letter Writing Campaign for St. Jude’s this Fall. Before the activity began, brothers enjoyed a potluck dinner filled with desserts, pastas, and chicken wings. Brothers then met with the St. Jude representative to watch a video about one of their patients. The video inspired and motivated brothers to help raise money for not only the organization, but also the children battling cancer. Each brother had a goal of writing 25 letters. We were able to send 400 letters this year and raised $1700!

This Spring we were able to use our leftover supplies from the first letter writing campaign to send out a second round of letters. Brothers were encouraged to submit additional addresses from friends and family who had not yet received a letter. Several brothers met one day during our lunch hour and filled out the letters on behalf of brothers who had submitted addresses and we were able to send out 100 more letters to help support St. Jude’s Children’s Hospital!
On the night of February 8th, PDC held a dance party at Chapel Hill Underground as a fundraiser for our St. Jude’s.

The night was a success with $419 being raised for St. Jude’s Research.

Many of those who attended wore glow sticks and danced the night away to tunes provided by DJ Etf.
Relay for Life

This past Friday, the Alpha Gamma chapter teamed up with CAPS to sell Chick Fil A at the UNC Relay for Life. Chick Fil A donated sandwiches while grocery stores like Harris Teeter and Food Lion donated money towards chips and drinks. Additional chips and drinks were donated by members of both organizations. $945.21 were raised from the sales as well as donations. The UNC Pharmacy team also prepared a gift basket and poster for one of the cancer survivors who attended the event.
The Alpha Gamma Chapter of Phi Delta Chi organized a food drive for a local hunger relief program, TABLE. This organization sends back packs full of food home with needy children each weekend to insure that they have plenty of food to eat until they return to school the next week. During a two week food drive 182 items where collected. Items donated include canned vegetables, crackers, juice boxes, Chef Boyardee, and other individually packaged food items.

TABLE Food Drive

![TABLE Food Drive Image]

![TABLE Food Drive Sign Image]
This Fall, members of Phi Delta Chi presented the health topic “Fiber” to parents and children at the Student Health Action Coalition Well Child Clinic. Fifteen children and parents were educated on the importance of adequate daily fiber intake, the different types of fiber available, and how to meet their daily requirements.

A fun learning tool, dubbed the “Fiber Board,” was used to help educate patients by testing their knowledge of fiber. Participants tried to properly rank different foods in the order of their fiber content.

In conjunction with CAPS, PDC participated in a Patient Care Project at a tailgate event prior to the UNC vs. ECU football game. Pharmacy students set up a mini-health fair to educate tailgaters on different health issues including heartburn, men’s health, women’s health, and cardiovascular health. Approximately 60 people received clinical services including BP and BMI measurements. We were able to educate 150 people on the importance of fiber and how to incorporate fiber into their daily diet!
Alpha Gamma was excited to launch a fresh topic this year for the Window Display: Sleep. The topic was chosen by our Brotherhood at our yearly retreat because of its wide applicability to the public and its role in pharmacy practice in terms of OTC and prescription medicines. We also wanted to expand upon methods used to share information with the public. In addition to our Sleep Board Tri-fold, we decided to explore social media as a means of communication. We created a YouTube channel to emphasize the importance of healthy sleep, answer questions about medicines used for sleep, as well as provide tips on how to achieve the perfect sleep schedule without medicine.

All of this information was shared through our new window display campaign: “Sleep Right, Sleep Tight”.

We brought our Sleep Board to multiple pharmacies in our area, multiple schools on campus, as well as campus health. We talked to patients about healthy sleep habits, challenged them with a fact vs. myth game, and ultimately encouraged them to make the right decisions to get the best sleep possible! Our second endeavor, the YouTube channel, was geared to reach everyone and anyone. Our channel features three shorts written by our Brothers that include important factoids about sleep. At the end of each video, the pharmacist emphasizes how to get the best sleep without any medicine, encouraging patients to trust their pharmacist. After only four weeks, we gathered almost 700 views from all over the world, including four continents, nine countries, and 11 states!
We’ve got marrow, how bout you?!

Numerous people every year are in need of a Bone Marrow transplant and Alpha Gamma brothers answered the call by partnering with the Be The Match Foundation. On February 27th our full day of volunteering and fundraising events began with a bake sale at the pharmacy school with donated muffins and orange juice from brother. AG raised $100 from sales and donations for the Be the Match registry! We then held a Bone Marrow Registry Drive at the School of Public Health where 41 people joined the registry (including 15 AG brothers) as well as educating 18 people with our Sleep Board. Our final event was a fundraiser with California Pizza Kitchen which raised $65.

This was a great event which we hope to repeat in the future.
CMRs @ Kerr Drug

At the Comprehensive Medication Review, brothers took some time out of their weekend to visit a local Kerr Drug and interview patients about their medications. PY3 brothers were paired with PY2/PY1 brothers to ensure a great learning experience and a broader knowledge base. In order to be prepared to successfully interview each patient, the brothers attended a special training session with a Kerr Pharmacist the week before.

Patients were scheduled in advance for 30 minutes per interview. The interviews were completed either for an individual patient, or sometimes for multiple family members at one time. By looking at the patient’s profiles beforehand, the brothers could gather appropriate questions to ask about their prescription medications. Each patient also brought their over-the-counter and herbal items in order to get a clearer picture of their medication use.

After talking with each patient about their adherence and tolerance of each medication, the brothers made and documented interventions using their clinical knowledge. Each intervention was communicated to the patient and their physician. Patient’s appreciated our expertise, and felt like their health benefited from the interview.

Overall, brothers had a great time learning more about patient communication, applying their clinical knowledge, and improving patient outcomes!
Sugarland Faculty Appreciation Event

On March 20th Alpha Gamma hosted our annual Sugarland Cupcake event for the faculty and staff of the Eshelman School of Pharmacy. As with in years past, this was a big hit. All of the five-dozen cupcakes were consumed within the hour. The purpose of this event is to show appreciation to the faculty and staff whom help us in so many ways on a daily bases. It also gives brothers a chance to interact with the faculty and put a “face” on the organization. Given the nature of the event, we were not able to have our entire brotherhood volunteer, however, select members of the current and incoming executive committees were selected to engage with the faculty.

This was just one of the events that we organize throughout the year to help get our name out there, as well as identify to the school who we are and what we are about. It often gives us an opportunity to discuss other activities that the fraternity is working on such as the sleep board and community service events.
Faculty Appreciation Breakfast

Over the past three years, the Advocacy Committee has attempted to foster a positive relationship between faculty and staff within the UNC Eshelman School of Pharmacy and the brothers of Phi Delta Chi. In conjunction with CAPS, we were able to provide a wide assortment of breakfast goodies from Café Carolina to show our appreciation of the faculty and staff’s efforts for us throughout the year. We were able to meet and converse with over 70 various Eshelman School of Pharmacy administrators, staff, and professors; including 14 current pharmacy residents at UNC Memorial Hospital. We look forward to furthering our ties with the school’s faculty and staff in years to come.
Every fall, the UNC Pharmacy Alumni Association invites alumni, friends, and family to return to Chapel Hill to attend the annual Alumni Weekend. The weekend consists of the annual golf tournament, a carolina BBQ, and a Tarheel football game. On October 5, 2012, Alumni Weekend kicked-off with the Annual Golf Tournament, held at UNC Finley Golf Course. Seven PDC members arrived bright and early at 8am to help register golfers and sell UNC Pharmacy Alumni merchandise. Coffee and donuts, the mainstay of pharmacy students, were provided for golfers and volunteers alike—a definite perk! Funds raised from the golf tournament will support student activities and scholarships at the UNC Eshelman School of Pharmacy. In attendance were: Cindy Boulton, JT Chiang, Hannah Dills, Michèle Kislan, Alex Sherman, Eric Tangzhou, and Nicki Wex. The event was a success and we look forward to assisting with this event next fall!
Metabolism = Social Brotherhood & Scholarship

\[ v = \frac{d[P]}{dt} = \frac{V_{\text{max}}[S]}{K_m + [S]} \]

AAAE. While our Brothers distribute quite widely, it is important that we return to a central place and focus on ourselves. While in theory we should only have so much time for everything in the day, we manage to make time for a Brother both in happiness and strife. We both work and play hard, and through this we make ourselves and the fraternity stronger and robust.
Brotherhood Retreat at Lake Singletary

The summer 2012 Retreat was held at Camp Ipecac on Singletary Lake in Kelly, NC. Located in the beautiful sand hills of North Carolina, Camp Ipecac grants its visitors a spacious dining facility, luxurious 4-person cabins with electricity, and a serene lake with a pier and canoeing options. During Retreat this year, we reflected on our goals set at last year’s Retreat, spent some well-needed bro-time unwinding at the lake, and set forth goals to be accomplished this year! We even had special guests visit to show us the true meeting of teamwork: ants. Yes, let the ants be praised for bringing us together under a common cause. Finally, we discussed our happiness in the brotherhood and why we are looking forward to the next year in the cornerstone event of Retreat: the Candle Passing Ceremony.
Pharmacy Cup and Cornhole Tournament

The first annual Pharmacy Cup was created by the Carolina Association of Pharmacy Students (CAPS), Kappa Epsilon, and Phi Delta Chi to foster friendly competition between all of the graduate and professional students at the UNC Eshelman School of Pharmacy as well as faculty and staff. The events included in the Pharmacy Cup are Kappa Epsilon’s Flag Football, Phi Delta Chi’s Cornhole, CAPS-Men’s Health Dodge ball, and CAPS Kickball Tournaments. The class winning the majority of these events will receive an engraved trophy to be displayed in the school.

Phi Delta Chi planned our annual Cornhole Tournament, which is the second event of the Pharmacy Cup, to get Phi Delta Chi more involved in school-wide events. The tournament was held on Sunday, October 7 at Southern Village Community Park and included grill-out lunch and t-shirts with designated colors for each class.

The tournament was a huge success and we were pleasantly surprised with the turnout and enthusiasm among our fraternity and classmates. In the end, the PY3s dominated and gained valuable points for the Pharmacy Cup. We hope that the Cornhole Tournament will have continued success and support by the Fraternity in years to come.
NC State Fair Social Event!

The October brotherhood/social event was a day at the North Carolina State Fair. Brothers arrived at noon and visited the prize-winning farm animals and attractions such as the “world’s largest pumpkin.” No state fair would be complete without yummy food: funnel cakes, turkey legs, and corn on the cob. This year’s fair boasted new deep-fried treats: brownie sundae, cupcakes, cinnamon rolls with bacon, and Girl Scout cookies. Brothers had a great time eating and hanging out. We hope to see you at the NC State Fair next year!
Stepping Out in Style at CHUG

It was our goal this year to throw the best Semi Formal since the recolonization of Alpha Gamma. Our committee made some tough choices, weighing the pros and cons of venue, food, and DJ. In the end, we opted for a small local bar on Rosemary Street in Chapel Hill, called Chapel Hill Underground (CHUG). The owners were gracious for our business and were very accommodating to our requests. We opted for a four hour invite-only private party starting at 8 pm on Saturday, November 3rd. One of our committee members suggested a friend to DJ the event for a reasonable rate. All in attendance found the night fun-filled with lots of dancing and socializing with both pledges and brothers alike. We exceeded expectations for turnout which is promising for a fantastic Formal in the Spring!
Trampoline Time at Defy Gravity

About fifteen brothers went to Defy Gravity, a trampoline arena in Durham, NC, to have a great time and forget about the stresses of pharmacy school! We practiced our toe touches, dominated in dodgeball tournaments, perfected our flips into the foam pit, and played an intense bouncy game of monkey-in-the-middle. What better way to bond with your brothers than by defying gravity?!
Ice Skating

In February, the Alpha Gamma brothers of Phi Delta Chi went Ice Skating at the Triangle Sportsplex in Chapel Hill. Even though this was the first time ice-skating for some people, the skating “pros” of the group really helped everyone out, and we all had a blast! There is no better bonding moment than helping a fellow brother avoid falling on their face on the freezing cold ice, or picking them up after it happened anyway.
On March 25th, the social brotherhood committee held a trivia night that was open to the entire pharmacy school. It was at Linda’s Bar & Grill, a local bar on Franklin Street that serves great drinks and even better cheese fries. We raised about $90 from the event, despite the short notice. We had a lot of great teams compete to be the trivia master of various trivial knowledge! The winning team was lead by a brother, so we were very proud! The top three scoring teams were awarded "PDC swag." It was a learning event, and we look forward to hosting more trivia nights next year!
Spring Formal

This semester we wanted to plan a formal that would be local and have wide appeal for both brothers and their dates. We decided on hosting the formal at The West End Public, a local event space in Chapel Hill. For dinner, we had a buffet of parmesan-crusted chicken breasts, roasted pork loin, corn & potato gratin, ratatouille, and a fresh bibb salad. Dinner was delicious from the first to the last bite, and was only made better by sharing the night with our brothers. The night was filled with food, dancing, music, and merriment, with all brothers able to enjoy one another’s company. We partied into the wee hours of the morning, chanting the PDC drinking song along with favorite tunes like "Call Me Maybe." However, the most special portion of the evening was our recognition of the graduating and re-founding class of 2013. We held a small ceremony to congratulate them, and in return they presented the fraternity with a new gavel engraved with Phi Delta Chi. The night was perfect, and all in all a wonderful way to end a year of brotherhood.
Diabetes Exam Study Session

In preparation for the much anticipated PY2 diabetes exam, we organized and implemented a study session this Fall. A novel game, essentially a hybrid of Family Feud and Jeopardy, was prepared using Microsoft PowerPoint and designed to be a comprehensive review of material for the exam. Pizza was provided for all in attendance. This form of study session brought 20 brothers in attendance and seemed to fulfill all of our goals for the study session initiative, including fostering more excitement for our study sessions! The feedback for this event was greatly positive, as the game was challenging and focused on group-based learning. The Scholarship Committee hopes to create more study games for the major exams, including for the PY1 Brothers in the Spring.
OSCE Practice Session

The Scholarship Committee organized a workshop that provided students with an example of a student pharmacist-patient interaction like that presented during the Objective Structured Clinical Exams (OSCEs). PY2 Brothers rotated through a series of stations at which PY3 brothers acted as mock patients in the OSCE interaction. In addition to walking students through this process, we also provided study tips via a quick PowerPoint presentation to help them prepare for their exam. We hoped that this event would help to decrease the pre-OSCE anxiety and stress that students often experience, aiding our PY2 Brothers in maintaining composure and performing well during their OSCE. Ten PY3 brothers volunteered to help out with this event, and 20 PY2 brothers attended the workshop. Those brothers who were waiting for their turn to participate in a mock interview were additionally provided with study materials related to medical devices to utilize during their wait. Indeed, the PY2 brothers expressed gratitude for the event, and highlighted its benefit for preparation.
The SPI Practice Session this year was a success with 20 PY1s participating and an equal amount of upperclass brothers volunteering, resulting in 40 total attendees. This event was indeed directed at PY1s in preparation for their Student-Patient Interview, in which they would have to take the medication history of a mock patient, all while keenly observing for inconsistencies in adherence and administration. The event was led by the Prelate, the chair of the scholarship committee, who delivered a short presentation on what to expect, from the perspective of some who had been there. He also offered some tidbits of advice. Afterwards, the PY1 brothers sat down with one of the upperclass brothers who were acting as mock patients. Each volunteer was given a patient medications list to give to the interviewer, as well as sheet for themselves including information about how they took the medications, and curveballs they could throw at the interviewer. The interviews were timed and held in a manner similar to how they would be run by administrative proctors. The feedback was great, as it provided our brothers a preliminary experience of what it is like to be on the spot in front of a patient, but in a forgiving and non-intimidating environment.
SOAP Note Help Session

The SOAP Note Practice Session was a fun and scholarship event because it encouraged group work and discussion as well as leadership from older brothers tasked with "instructing the young." 18 PY1s and 12 upperclass brothers participated in this event. This event focused on the PY1s and coaching them on the best ways to approach the writing of SOAP notes, a staple of the pharmacy therapeutics curriculum. The participants were divided into six groups which included 3 PY1s and 2 upperclass brothers. Before activities began, the audience listened to the Worthy Prelate deliver a short presentation on the components of the SOAP note and different ways one can write each one. Afterwards, each group was given a large poster board, a patient case, and information about the drug that they were to choose for their therapeutic plan. Then, the upperclass brothers of each group would lead their respective groups in a discussion about how to formulate a SOAP note for the given case. After this, the Worthy Prelate held a short discussion among all the groups comparing and contrasting methods. The event was successful as it gave the PY1s new and deeper perspective on the SOAP before their classmates, and gave the upperclass brothers a chance to lead and teach the PY1s.
Elimination = End of Year Banquet

\[ eC_{Cr} = \frac{(140 - \text{Age}) \times \text{Mass (in kilograms)} \times [0.85 \text{ if Female}]}{72 \times \text{Serum Creatinine (in mg/dL)}} \]

Though some stay in the circulation longer than others, eventually we all must leave for new pastures. Though the Old Gold will never be far from our hearts, we will find many a future celebration to bring out the Dregs of Wine. A heartfelt congratulations to all our Brothers as they reach for and achieve new opportunities.
End Of Year Banquet

On April 18th, all of the brothers pitched in to have an End of Year Banquet celebrating all that we have accomplished in the past year. Brother Lucas grilled hamburgers, hot dogs, and chicken, and we had a potluck for the sides and desserts. All of the food was delicious and everyone had a great time.
Graduation Ceremony

During the banquet we held a graduation ceremony for the PY3s about to go on rotations and even a few PY4s who joined us. We gave each of those involved in the ceremony a carnation. They all enjoyed playing with the flowers for the rest of the night.
PY3 Superlatives

Last year we started the tradition of giving everyone in the PY3 class superlatives and a gift. Each superlative correlates closely with that brother’s personality or is based on a well known story about them. This year, the superlatives ranged from “Most likely to manipulate you with a pouty face” (Michel Simon) to “Most likely to kick pharmacy butt and take names” (Kelly Lunsford). After all of the PY3s received their superlatives, they presented a gift from their class to our Faculty Advisor, Dr. Macary Marciniak.
Scholarship Recipients

Lia Amini
Justin Arnall
JT Chiang
Von Perez Felder
Briana Glynn

Shawn Griffin
Shawnda Herring
Bonnie Merrell
Alex Sherman
Michel Simon

David Steeb
Trey Thompson
Sarah Timaeus
Erin Turingan
Rho Chi Academic Honor Society

New Inductees: David Garbarz, Sarah Timaeus, Stacy Tse, JT Chiang

Rho Chi Alpha Gamma Active Brothers: Leah Edenfield, Susan Lin, Sharon Martin, Bonnie Merrell, Jen Petschauer, Mollie Sheron, David Steeb, Paul Wong, Oyshik Banerjee, Brianna Glynn, Ben Ahlers, Jessica Greene, and Robin Trew
## Phi Lambda Sigma Leadership Honor Society

<table>
<thead>
<tr>
<th>Class of 2013</th>
<th>Class of 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patrick Brown</td>
<td>Justin Arnall</td>
</tr>
<tr>
<td>Leah Edenfield</td>
<td>Brianna Glynn</td>
</tr>
<tr>
<td>Sharon Martin</td>
<td>Jackie Zeeman</td>
</tr>
<tr>
<td>Mollie Sheron</td>
<td></td>
</tr>
<tr>
<td>David Steeb</td>
<td></td>
</tr>
<tr>
<td>Chris Woodward</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Class of 2015</strong></td>
</tr>
<tr>
<td></td>
<td>Alex Sherman</td>
</tr>
<tr>
<td></td>
<td>Erin Turingan</td>
</tr>
</tbody>
</table>

---

**Phi Lambda Sigma**

*Pharmacy Leadership Society*
Incoming Officers

Worthy Chief Counselor: Michele Kislan
Worthy Vice Counselor: Cindy Boulton
Worthy Keeper of Records and Seals: Cristina Kaifer
Worthy Keeper of Finance: Hannah Dills
Worthy Correspondent: Kelsey Browder
Worthy Prelate: Sari Freedman
Worthy Alumni Liaison: Tamara Davis
Worthy Master at Arms: Cristy Reyes
Worthy Inner Guard: Jordan Carrera
New Formulations

Birth Announcements

Anne and Terrass Misher welcome new son, Terrass Scott AB Misher Jr, on July 10, 2012

Dr. Marciniak welcomes new son, Luke Edward, on December 13, 2012
Cameron and Lia Lynch married on April 20, 2013.

Chris and Leanne Woodward married on April 6, 2013.
Triturations

Engagements

Kathryn Fuller and David Garbarz

Christy Lee and Frank He

Tiffany Wong and Danny Jeck

Sarah Timaeus and Zach Mitchell
It has been my pleasure to serve as the Publications committee chair this past year. Serving in this role has really taught me the meaning of our motto: *Alterum Alterius Auxilio Eget*, each needs the help of the other. This year my committee and I put together Pledge Newsletters and Brother Newsletters to help the brothers get to know one another better. We also helped with other, smaller tasks including putting together the bids for Recruitment and helping gather information about Chapel Hill to make a pamphlet of activities for Eshelman School of Pharmacy’s Family Day. However, the biggest project we took on this year was revamping the Tranquilizer. When I inherited the publication, I saw lots of room for improvement. The past few editions have lacked reports about many of the events this chapter puts on and the traditions we have developed in the short time since our re-chartering. I saw that the Tranquilizer had the potential to be used as a resource and record of all of the amazing things Alpha Gamma does each year. I could not have performed this undertaking without the help of my wonderful committee, all of my fellow committee chairs and the chapter as a whole. Thank you all so much for everything!

AAAE,

Sarah Timaeus
The Brothers of Alpha Gamma

Congratulations on a Great Year!
PharmaSleep!
PharmaSleep!